

CERTIFICATE

OF PARTICIPATION

This is to certify that

Philbert Seabela

Has successfully participated & completed the

32km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 03:45:51

PACE 07:03/km

GENDER 207 of

303

OVERALL 244 of 438

SENIOR (20- 101 of

39) 143

26 October 2019, Sat Date

Signature